

Dear Fresh Air Kids,

Summer is here!

To help inspire you spend time outdoors, we have created a list of fun ideas for you and your family.

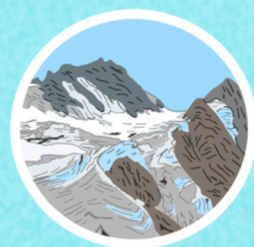
Pick a challenge item, check it off, and
tag us on all your adventures:
[@fresh_air_kids](#)

www.freshairkids.com

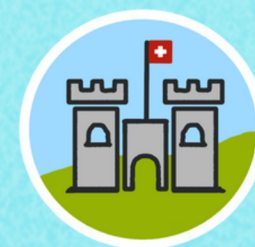




THEME TRAIL



SEE A GLACIER



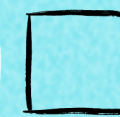
VISIT A CASTLE



WATERFALL



VISIT COWS



WATER SPORT



VISIT A LAKE



WILD FLOWERS



PLAYGROUND



FIND A CRYSTAL



**FRESH AIR
CHALLENGE**

